

## THE LIFE CHALLENGE

### CONNECT

Do you like giving gifts (or receiving them)? Share about shopping or giving gifts that are meaningful to others. What's that like?

### IDENTITY

How do you view the giving of the Holy Spirit? Is it a gift?

Review how Jesus talks about the Spirit in John 14: 15-18; 23-26 & John 16: 13-15. What stands out to you about the central role of the Helper (Holy Spirit) in Jesus' words?

### THE EXAMEN

Where do you wrestle with the Holy Spirit? What gives you peace? What gives you discomfort around this topic? What past experiences have been positive or negative for you with the Holy Spirit?

### PRACTICE

How do you need to re-center your practice in this area? What is LOVE asking of you? What is Jesus wanting to reveal to you or is asking of you?

NOTE: It is OK to be nervous or uncertain. Keep centering around how what the Spirit is doing points towards Jesus. It's not about you it is about Jesus.

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### PRAY TOGETHER

Prayer for others in LOVE. Ask the Holy Spirit to reveal how to encourage and strengthen others.