



FOR SUNDAY FEB 2, 2025

Series: Jacob, A Wrestle to Trust  
Passage: Genesis 29:31-30:24  
Speaker: Pastor Garth

## THE LIFE CHALLENGE

### CONNECT

What do you think about all the stories about Jacob, his family, the birth of his sons, etc.? Reflect on what is striking you most about this series and what God is wanting to show us!

### IDENTITY

Take a look at all the descriptions of the births of each son. Each mother proclaims in the naming what they were feeling at the time (being heard, feeling attached, giving praise, feeling vindicated, etc.). This may seem odd that the Bible takes time to describe such detail. Can you relate to your life journey any of these feelings? Have you ever felt alone or abandoned? Disconnected or full of praise?

Exercise Option: Read the passage and as you read, attach yourself to one of the characters in the story and view the passage from their perspective. Share what you see.

### THE EXAMEN

You heard a testimony in the sermon time of one person's journey of surrender to God. What struck you about that testimony. What encouraged you most and why? Share this with the group.

### PRACTICE

Do you sense that God listens to you, hears you, understands you and sees you? Read Hosea 12: 2-6 and read what the prophet says about Jacob's life. When we find God what is the instruction for you and me from Hosea?

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### PRAY TOGETHER

There are 2 common ways we approach Jacob's story. One is we judge him and look at him as missing the mark (justice). The other way is we relate to him and the struggle to give our lives fully to God. In this wrestling we find God's love. Do you lean one way or the other? Hosea says we need both. What would you like to be prayed for in your personal journey with justice and love operating in your life?